

If you're experiencing mild cold or flu-like symptoms, **we encourage you to stay home.**

Most people can treat their symptoms at home with over-the-counter medicines. Try to stay away from other people so that they don't get sick too.

If you feel that you need to see a doctor, visit us online for video urgent care, or call or visit one of our urgent care facilities:

Mount Sinai NOW[®] Video Urgent Care
mountsinai.org/appointment/telehealth-ms-now



Mount Sinai Urgent Care
mountsinai.org/urgentcare



If you're experiencing severe symptoms and need medical care:

- **Stay away** from other people.
- **Call ahead to an Urgent Care** center or the emergency room. This will help us direct you to the most appropriate location and prepare for your arrival.

